



# Philippine Nurses Association Of Oregon and Washington Newsletter

[www.pnaow.org](http://www.pnaow.org)

March, 2007

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2006 - 2008

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## *President's Message* Lucy Laeser, MSN, RN, CRNI PNA-OR/WA President 2006 - 2008

With all the challenges we have accomplished in 2006, the year went by so quickly. I welcome and challenge you to march together to the second and final year of my term. I would like to extend a warm welcome to our new members, who have taken the initial step of joining our association. My deepest gratitude goes to our strong and devoted members and friends, who have supported our organization tirelessly throughout the past year.

**"Promoting a Culture of Excellence, Dedication, Commitment to Community, Involvement and Passion"** in nursing a stronger foundation for the next generation, embody a wide spectrum of responsibilities from each one of us. The 27<sup>th</sup> Annual Philippine Nurses Association of America (PNAA) held on June 28 to July 2, 2006 at Boston, Massachusetts highlights the year 2006. The 5-day conference offered an array of various topics especially designed for our members and leaders, from living the vision for a stronger foundation today, to leading in the face of complexity in today's healthcare. Our challenge lies in creating a stronger foundation in nursing for the next generation.

The Philippine Nurses Association of Oregon and Washington (PNA-OR/WA) is proud to share its achievements. I have created a web site for PNA-OR/WA at [www.pnaow.org](http://www.pnaow.org) where you can find important information about our association. The year 2006 consisted of activities devoted to community outreach program, from volunteering at the Washington County Immunization Clinic and participating in the "Community Health in Motion" immunization at Rex Putnam High School, in partnership with Providence Milwaukie Hospital and Multnomah Public Health Clinic.

PNA-OR/WA donated to various organizations for fundraising, such as the FilAm Annual Fundraising for the Guinsaugon Disaster in Leyte, and Little Children of the World, Inc. PNA-OR/WA also donated a set of English Dictionary and Thesaurus to the children of the Philippines. During the Palm Sunday celebration, PNA-OR/WA donated foods at St. Cecilia Parish Church in Beaverton, Oregon. In July of 2006, our association also volunteered to serve meals at the "Faith Café" to the less fortunate citizens of our community.

The Fundraising Campaign for the 2007 Philippine Medical Mission during the Fall and Summer seasons from garage sale to voluntary monetary donations from our very own devoted members, provided us with an extraordinary opportunity to give back to our mother country. The Bicol Region received most of the PNAA support, such as medical supplies, medications, basic needs such as foods, clothing, and money during the month of January and February, 2007. I would like to thank everyone, who has opened their hearts wholeheartedly to support this medical mission. I encourage your active participation and commitment by keeping your enthusiasm glowing for the next generation. Together we can all make a difference.

## Community Health In Motion

September 9, 2006 - Community Health in Motion at Providence Milwaukie Hospital Healing Place. Seven PNA-OR/WA members volunteered 5 hours of their time to administer immunizations to the children.



Below—February 11, 2006, Community Health in Motion at Rex Putman High School Volunteer Shot Clinic.



## 2007 Philippine Medical/Relief Mission

Bicol Region calamities from the typhoon and mudslide caught many citizens' attention, Filipinos and non-Filipino members of the Philippine Nurses Association (PNA) to volunteer services, donate monetary funds, medical supplies, and basic everyday needs to their communities. The national chapter Philippine Nurses Association of America (PNAA) collected donations from each chapter for the less fortunate citizens of Bicol Region affected by the typhoon.

On January, 2007, the Philippine Nurses Association of Oregon and Washington (PNA-OR/WA) did an extraordinary job of rendering medical/relief mission to Bicol Region. The team effort of the members namely Espie Navalle and her husband, Maria Susi, her husband, and son, Melody Hoener, and Lucy Laeser and her sister and nephew, all contributed to the great success of our first medical/relief mission to the Philippines.

From the assessment and news brought to us by friends, families, and the media, the PNA-OR/WA donated over-the-counter medicines, first aid kits, staples, clothes, and clinic supplies.

With the assistance of Father Andrew Recepcion and Father Fidel Marmerto A. Bagayaua, the mission went exactly as planned. The donations to the San Lorenzo Ruiz Church and The Missionaries of the Poor (MOP) reached 150 families. The MOP is a young and vibrant institute living a monastic life in community with an active apostolate among the poor. Religious Brothers and Priests from different nations offer free and joyful service to the least in several countries. MOP takes care of the mentally challenged children, orphans, street children, crippled, sick and elderly, and aids patients, which is dependent on the community donations and public support.



PNA-OR/WA joined Aguman Philippine Medical Mission in La Union



PNA-OR/WA Philippine Medical Mission to Bicol Region

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## The ABC's of Immigration: Certification of Foreign Health Care Workers

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Many of us post various questions regarding the immigration requirements for foreign health care workers, for the very reason, that most of us had the same working visa status coming to the United States.

In an effort to educate ourselves and understand the immigration requirements and our obligations as foreign health care worker and professional, the President of the Philippine Nurses Association of America (PNAA), Rosario-May Mayor did some research to obtain the following facts about the ABC's of Immigration.

VISASCREEN is a BRAND name that belongs to Commission on Graduates of Foreign Nursing Schools (CGFNS). It is a trademark to CGFNS. VISA Screen's equivalent definition in legal terms of the Immigration and Nationality Act Section 212 is Foreign Health Care Worker Certification.

According to Gregory Siskind, Chairman of the Law Practice Management Publishing Board and Governing Council of the Law Practice Management Section, the following are required in foreign health care worker certification or the so called visa screen:

- 1) An encumbered license from the country of origin. The license from the country of origin must not have been compromised.
- 2) Test of English as a foreign language (TOEFL).
- 3) Transcript of records from the school or college of nursing.
- 4) A CGFNS predictor examination or a (National Council Licensure Exam) NCLEX examination certificate.

The seven health care occupations are covered by the Certification Requirements: 1). Registered Nurses 2). Physical Therapists 3). Occupational Therapists 4). Speech-language Pathologists 5). Medical Technologists 6). Medical Technicians 7). Physician Assistants.

Note that graduates of health profession programs in Australia, Canada (except Quebec), Ireland, New Zealand, the United Kingdom and the United States are deemed to have met the English language requirements. For more information, please access the web site [www.visalaw.com](http://www.visalaw.com).

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### Welcome to our New Members

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Teresa Andaya, Maria Hoflick, Edna Mojica,  
Perlita Santos, Josephine Zapp,  
Susana Cary, Cynthia Libert

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### Get Well Wishes/Prayers

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*We wish a speedy recovery to all our members, their families, and loved ones, who are still recovering from illness. Our thoughts and prayers go to Nida Agustin and family for the loss of her mother.*

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## 2006 2nd Induction Ball

May 13, 2006  
2nd PNA-OR/WA  
Induction of  
Officers

Hosted by  
Doubletree Hotel  
Portland, Oregon



Guest Speaker  
Pete Calixto  
2006 Western Regional  
RLO and

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## 27th PNAA National Convention Boston, MA



June 28 to July 1, 2006  
27th PNAA Annual National Convention  
**"A Foundation Built on Excellence:  
Investing in a Stronger Future"**



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## 2007 Philippine Medical/Relief Mission

Bicol Region calamities from the typhoon and mudslide captured many citizens' attention, Filipinos and non-Filipino members of the Philippine Nurses Association of America (PNAA) to volunteer services, donate monetary funds, medical supplies, and staples to various communities. The national chapter, PNAA collected donations from local chapters to help out citizens of the Bicol Region.

On January, 2007, the Philippine Nurses Association of Oregon and Washington (PNA-OR/WA) did an extraordinary job of rendering medical/relief mission to the Bicol Region. The team effort of the members namely Espie Navalle and her husband, Maria Susi, her husband, and son, Melody Hoener, and Lucy Laeser, her sister, brother-in-law, and nephew, all contributed to the great success of our first medical/relief mission to the Philippines.

From the assessment and news brought to us by friends, families, and the media, PNA-OR/WA decided to donate over-the-counter medicines, first aid kits, staples, clothes, and clinic supplies.



### *PNA-OR/WA Philippine Medical/Relief Mission January 30 to January 31, 2007 Bicol Region*

PNA-OR/WA would like to acknowledge Father Andrew Recepcion, Father Fidel Mamerto A. Bagayaua, and Mely and Joe Recepcion for their assistance, in the success of this mission.

The donations to the San Lorenzo Ruiz Church and The Missionaries of the Poor (MOP) reached 150 families. The MOP is a young and vibrant institute living a monastic life in community with an active apostolate among the poor. Religious Brothers and Priests from different nations offer free and joyful service to the least in several countries. MOP is dependent on the community donations and public support to provide care of the mentally challenged children, orphans, street children, crippled, sick and elderly, and aids patients.



### *PNA-OR/WA joined the Aguman-Capampangan Philippine Medical Mission in La Union January 26, 2007*

# Philippine Nurses Association of Oregon and Washington Calendar of Activities

\*\*\*\* 2007 \*\*\*\*  
**January 24, 2007**  
*Washington County Immunization Clinic*

**January 29– February 01, 2007**  
*Philippine Medical/Relief Mission*

**March 03, 2007**  
 Meeting at PPMC

**March 30 - April 01, 2007**  
*PNAA Western Regional Conference—Portland, Oregon*

**April 21, 2007**      Meeting at PPMC  
**May 12, 2007**      Meeting at PPMC  
**June 23, 2007**      Meeting at PPMC

**July 11—July 15, 2007**  
 PNAA 28th Annual National Convention—Anaheim, CA

**July 28, 2007**  
 Meeting at PPMC, Summer Fundraising Campaign  
**August 19, 2007**  
*FAITH CAFÉ*

**August 25, 2007** Meeting at PPMC  
**September 15, 2007** Meeting at PPMC  
*ELECTION OF OFFICERS*

**October 20, 2007** Meeting at PPMC  
 Fall Fundraising Campaign

**November 17, 2007** Meeting at PPMC  
**December 01, 2007** Meeting at PPMC  
**December 08, 2007** *CHRISTMAS PARTY*

\*\*\*\* 2008 \*\*\*\*  
**January 29—February 02, 2008**  
*PNAA International Conference—Manila, Philippines*

## Announcements

**IRS News**

PNA-OR/WA has been approved for Federal tax exempt status under 501(c)(4).

**Anaheim, California**

July 11—15, 2007 28th PNAA Annual National Convention.

**NCLEX Testing Center**

Philippines was approved as one of the testing centers for NCLEX.

**Volunteers Needed**

August 19, 2007, Sunday, Faith Café. Call Lucy Laeser at 503-885-9831 if you can help.

**Kudos to:**

Congratulations to *Fred Calixtro*—Recipient of National Coalition of Ethnic Minority Nurse Associations (NCEMNA) Scholarship Award.  
 Congratulations to *Mercy Galicia*—New Manager of Quality Management at Hearthstone of Beaverton.

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**Editorial Staff**  
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Everyone is invited to submit articles to the PNA OR/WA newsletter. Please visit [WWW.PNAOW.ORG](http://WWW.PNAOW.ORG) Non-Profit